

	REQUIRED DOCUMENTATION
All CDSME Workshops	Attendance Log/Sign In Sheet, Participant Information Survey, Workshop Information Cover Sheet Required for completion: 4 out of 6 classes
Matter of Balance	Attendance Sheet/Sign In Sheet, Pre-class (First Class) Survey, Post-class (Last Class) Survey Required for completion: 5 out of 8 classes
Arthritis Exercise	Attendance Sheet/Sign-in Sheets Required for completion: 12 out of 18 sessions
Tai Chi for Arthritis/Fall Prevention	Attendance Sheet/Sign-in Sheets Required for completion: 16 out of 20 sessions
Walk with Ease	Attendance Sheet/Sign-in Sheets Required for completion: 12 out of 18 sessions
Powerful Tools for Caregivers	Attendance sheet/Sign-in Sheets, Class evaluations

Thank you for your ongoing support of evidence-based health programs!

**Eastern Carolina Council Area Agency on Aging
Health Promotion Disease Prevention
Title III-D Funding
FY2018**

