

## Unite Against Bullying October 2020

Join Eastern Carolina Council Area Agency on Aging during October for National Bully Prevention Awareness Month

A month-long event to prevent bullying and to promote kindness, acceptance, and inclusion.

## Forms of bullying:

Cyber - social media, texting Physical - pushing, shoving, kicking Verbal - gossiping, calling individuals names Social - hurting someone's reputation, snide remarks

Wear your orange to show you stand against senior bullying.



## For local information and resources contact



## 252-638-3185

To Report Abuse, contact your local Department of Social Service

When you see something, say something!