



Executive Director's Report

Since the last ECC General Membership Board Meeting in January, a lot has happened.

The ECC has developed two calendars: a general ECC calendar and an Ombudsman calendar.

1. The general ECC calendar was mailed to all members of the General Membership Board and Executive Board to their entity's office. The general ECC calendar has a different ECC department information with their respective ECC staff member contact each month.
2. The Ombudsman calendars were delivered to each long-term care facility in our region for all residents to receive a calendar. Over 5600 calendars were delivered. The Ombudsman calendar has at least one of the sixteen residents' rights on each month and the ECC staff member's contact information. The ECC has provided all long-term care facilities with doorhangers with residents' rights. The doorhangers have all resident rights with the ECC Ombudsman contact information.

Each ECC department has developed a program specific presentation. I have entitled this the "*Billboard Series*". Each Wednesday in November and December individual staff members delivered their presentation to the other ECC staff members. My purpose in staff presenting to all staff members is when a staff member is asked, what else other than what you do, does the ECC do, they can give a billboard snapshot of the other services the ECC offers.

My next step in the Billboard Series is to have the individual staff members present to our Board members. At the January General Membership Board Meeting, Family Caregiver Support Specialist January presented her program via Zoom.

Commissioner Mitchell helped connect Curtis Media with the ECC. One of the advertising and promotional menu offerings from Curtis Media is radio advertisement. Commissioner Mitchell, Finance Director Miller, Deputy Finance Director/Transportation Director Morgan, and I met with Curtis Media. After their presentation, a promotional and advertising plan was developed. At the September 2020 ECC Executive Board meeting, the concept of monthly themes received the approval of the members in attendance so in keeping with the monthly themes, the monthly commercial schedule is as follows:

Month	Theme
January	Health Awareness
February	Heart Health Awareness
March	National Nutrition Month
April	Volunteer Month
May	Older American & Elder Abuse
June	Men's Health



July	Senior Independence month
August	Dementia Awareness
September	Senior Center Month
October	Residents' Rights & Bully Awareness
November	Alzheimer' s Awareness & Caregiver Month
December	National Influenza Month

The following is the frequency and duration of the radio advertisement:

56X :30 second commercials PER STATION

The radio advertisement is posted on the ECC's website.

Each month we have different partners that may be included in the radio advertisement. These partners are the following:

- Dialysis Centers
- Cancer Centers
- Hospital
- Drug stores (Realo, Walgreens, CVS) the larger stores
- Doctor Offices
- Home Health agencies
- Transportation companies
- Neurologists (Dementia, strokes, Parkinson's)
- Health Department
- Senior Center (meal sites, home delivered meals)
- Departments of Social Services
- YMCA's
- Therapists Association/offices
- Senior Games Committees
- SHIP-Medicare health screening, fraud, scams, health awareness monthly campaign info (i.e.: heart month, prostate CA month)
- American Heart Association local chapter
- AARP local chapters
- Support Group facilitators
- Food Banks

January was health awareness month. The developed message for January was health awareness is vital to ensure the well-being of our senior population's mental, physical, and spiritual health. One vital aspect of aging well is to be educated on and participate in preventative health screenings to identify and treat serious medical conditions early. The U.S. Preventative Service Task Force recommends many age-

related screenings, including those for diabetes, breast cancer, colon cancer, and osteoporosis. In addition to age-related screenings, information on the transmission and prevention of COVID-19 is of vital



importance to seniors, the disease's most at-risk population. Eastern Carolina Council can play an important role to facilitate health screenings and COVID-19 education to our senior target population. This message was provided to you by the ECC representing the counties of Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, and Wayne.

February was heart health awareness month. The developed message for February was heart health awareness month is a tradition that is over half a century strong. Despite all the progress, heart disease remains the single largest health threat to Americans killing approximately 2,300 people a day. The fact is heart disease kills more people than all forms of cancer combined. The good news is that heart disease is preventable, in most cases, with healthy choices. The first Friday of the month, February 5th, is National Wear Red Day. "Go red" to raise awareness and support for heart disease. This message was provided to you by the ECC representing the counties of Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, and Wayne.

April was Parkinson's Disease (PD) month. Parkinson's is a progressive neurological disorder. This means symptoms continue and worsen over time. There are no cures-only treatment options to manage the symptoms. One million Americans have PD. About 60,000 people are diagnosed with PD each year. Men are 1 ½ times more likely to have Parkinson's than women. The average age of PD onset is 60 years old. Signs and symptoms can be different for everyone, they may include:

- Tremor
- Slowed movement
- Rigid muscles
- Impaired posture and balance
- Speech changes
- Writing changes

The cause of Parkinson's is unknown, ways to prevent the disease also remain unknown. Some research has shown that regular aerobic exercise might reduce the risk of PD.

April was also National Volunteer Month. Celebrating National Volunteer Month will be different considering the COVID-19 Pandemic that is keeping us all inside.

Our older population is especially vulnerable during this time. They may have trouble accessing food and services. They are also facing mental health challenges due to loneliness and isolation. Here are a few ideas to help senior citizens in your community.

- ❖ Delivering groceries or meals.
- ❖ Help at a food bank.
- ❖ Partner with a senior to help them with chores.
- ❖ Help with technology so they can stay connected.

Social media is a way to let people know you are available to help. Let your friends know or post on your neighborhood or community Facebook page.



The ECC has volunteer opportunities available as a Community Advisor Committee (CAC) member with the Ombudsman Program.

May is Older Americans Month. Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The theme for 2021 is "**Communities of Strength**". Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties. Their stories and contributions help to support and inspire others. This Older Americans Month, we will celebrate the strength of older adults and the Aging Network, with special emphasis on the power of connection and engagement in building strong communities.

On June 15th, 2006 World Elder Abuse Awareness Day (WEAAD) was launched by the International Network for the Prevention of Elder Abuse and the World Health Organization at the United Nations to unite communities around the world in raising awareness about elder abuse. WEAAD serves as a call-to-action for our communities to raise awareness about abuse, neglect, and exploitation of elders, and reaffirm our country's commitment to the principle of justice for all.

Legislative Update

The North Carolina Association of Regional Councils of Governments (NCARCOG) represents 16 regional councils of governments (COGs), and it advocates for regional solutions to address multi-jurisdictional issues or opportunities, coordinates state and federal program service delivery, and builds strategic partnerships to improve the prosperity of rural and urban North Carolina.

Policy Priorities

- 1. Modify rules, regulations, or legislation to include COGs as eligible entities for state and federal grants.**

The federal Office of Management and Budget (OMB) Circular 2 CFR 200. 64 (I) identifies a Council of Governments (COG) as an eligible local government for the purpose of applying for and receiving federal grant awards. NCGS 160A-475(1) and 153A-395 allow COGs to apply for, accept, receive, and dispense grants made available to it by the State of North Carolina, the United States of America or any of its agencies, any local government, and any private or civic agency. Some program rules and grant applications, at the state and federal levels, do not list COGs as eligible program administrators, applicants, or sub-recipients. These limitations prevent COGs from applying for regional based grants, and/or delivering regionally significant programs in each COG service area.

Action Requested:

NCARCOG requests the members of the North Carolina General Assembly add Councils of Governments to the list of eligible entities for state and federal grant programs. In addition, NCARCOG requests the members of the North Carolina delegation to the U.S. House of Representatives, and the U.S. Senate also add Councils of Governments to the list of eligible entities for federally funded grants and programs.



2. Establish COGs as the entity to develop regional pre-disaster hazard mitigation plans and to perform regional resilience planning and coordination.

Smaller units of local governments within each COG region may have a limited capacity to apply for emergency management grants, and successfully manage all the training and compliance requirements for the duration of the grant. North Carolina COGs have successfully managed regional disaster and recovery efforts and have extensive experience with emergency management grants. The COGs could serve as designated grant recipients, grant administrators, provide regional communication and coordination activities, and provide the necessary technical assistance to ensure grant compliance standards are met. COG involvement would enhance recovery and resiliency efforts and allow more local governments to participate in funding opportunities.

COGs have coordinated, planned, and delivered planning and programming services on a multi-jurisdictional basis for the past fifty years. Pre-Disaster Hazard Mitigation (PDM) plans, now called the Building Resilient Infrastructure and Communities (BRIC) grant program require local government leaders from multiple cities and counties to develop a coordinated plan to identify goals, action steps, and projects to limit the impact of natural and man-made disasters. COGs are already engaged in resiliency planning efforts within their regions, and each COG is engaged with local government leaders on a multi-jurisdictional basis. PDM/BRIC plans are required to be performed every five years, and regularly assessed to determine progress towards implementing the plan. COGs can provide planning professionals to work with local government leaders to develop BRIC plans, and to work with local governments to implement the high priority projects to limit the impacts from future disasters.

Action Requested:

NCARCOG requests legislative and policy authorization for the North Carolina Department of Emergency Management to use COGs to provide BRIC planning services, training, grant administration, grant application assistance, or any other service requested by a qualifying local government for it to utilize Federal Emergency Management Agency funds.

3. Build partnerships and capacity for COGs to provide financial administration for local governments.

Local governments must meet audit, budget, and internal control requirements established by the NC Local Government Commission (LGC), and many have done so successfully over the decades. An entire generation of local government officials is leaving the workforce due to retirement and some areas of the state may find it difficult to find the qualified professionals needed to remain compliant with LGC standards. COGs are an extension of local government, with professional finance staff, that are uniquely qualified to assist local governments in need of temporary financial services. COGs have the ability and authority to partner with the LGC, North Carolina League of Municipalities (NCLM), and North Carolina Association of County Commissioners (NCACC) to meet the audit, compliance, and financial administration needs of local governments.



Action Requested:

NCARCOG requests the LGC's consideration for policy changes to allow COGs to serve a stronger role providing financial administration services to local governments in need of such services. In addition, NCARCOG requests consideration from the members of the North Carolina General Assembly to set aside funding to create a financial administration program to assist small local governments and municipalities with returning to a compliant status.

4. Support the expansion of high-speed broadband throughout North Carolina.

The availability of high-speed broadband, defined by the FCC a 25 megabits per second download speed and 3 megabits per second upload speed, is critical to the economic resilience of local governments throughout North Carolina. The COVID-19 pandemic has highlighted the need to increase availability of high-speed broadband to ensure continuation of local government services, local economies, education, workforce training, and nearly every other aspect of private or public operations that rely on internet connectivity to function.

Action Requested:

NCARCOG supports legislative and policy that increases the availability of high-speed broadband throughout North Carolina and urges the members of the North Carolina General Assembly to continue to provide funding to study, build, and upgrade broadband infrastructure to ensure the private and public entities across the state can function and compete in the global economy while maintaining safe and effective public services vital to the health and welfare of North Carolina citizens.

5. Advocate for additional funding for aging, community development, infrastructure, and workforce programs.

COG regions across the state are working with local government leaders to plan and coordinate services and programs for a rapidly increasing older adult population, expand or upgrade water and sewer capacity to accommodate growth and development within each region, developing partnerships to improve access to workforce housing, and coordinating workforce and/or economic development opportunities with area employers to provide the skilled workers needed for economic growth.

Action Requested:

NCARCOG requests consideration of additional funding for the Home and Community Care Block Grant (HCCBG) to support growing older adult populations, an increase in funding for water and sewer infrastructure projects, policy flexibility to increase opportunities to partner with workforce housing agencies or organizations, and the Workforce Innovation and Opportunity Act (WIOA) to support local workforce development boards in developing innovative approaches to training citizens for skilled jobs within each region.

6. Build strategic partnerships to improve regional delivery of services.



COGs were established by units of local government, rural and urban, coming together to solve local and regional issues. COGs play a role in convening leaders within each region and coordinating with multiple types of organizations to deliver programs, projects, or services. COGs are best positioned for the delivery of federal, state, and local programs or services on a regional basis due to the ability to scale a service or program to meet the needs of each region, or to work cooperatively across multiple regions when needed or required.

Action Requested:

Advocate for an increase in the use of COGs to administer and/or implement governmental services and programs that are intended to be delivered on a multi-county basis. Advocate that COGs serve as the default mechanism to delivery regionally based services. Oppose the creation of new regional offices or regional service areas that split COG regions.

Ethics Training

North Carolina law requires members of governing boards of cities, counties, local boards of education, unified governments, sanitary districts, and consolidated cities to receive ethics training after each election or re-election to office. On February 24, 2021, the ECC hosted Ethics Training with ECC Attorney Quattlebaum developing and presenting the training. Seventeen elected local government members attended.

Regional Collaboration Efforts

The Economic Development Administration has approved a grant that allows the Environmental Finance Center at UNC to provide free technical assistance to utilities listed as distressed in Greene County.

The Local Government Commission (LGC) has identified communities that COGs can help with technical assistance. As a test run, the ECC is using part of an EDA grant to work with the Triangle J Council of Governments to provide Greene County communities that are on the water resource distressed list with help in improving their score. If this is successful, the ECC will branch out to other counties.

On June 9, the Executive Director hosted *My Utility Scored is on the Distressed Unit List, Now What?* For Greene County.

This assistance is until September 2021 to help water and wastewater utilities to:

- Conduct an affordability and financial health assessment,
- Conduct a rate study,
- Make a training and education plan,
- Develop an action plan (as required by the State of NC), and
- Evaluate funding opportunities that may be coming from the federal and state government, especially as we look at the COVID-19 Crisis recovery funding.



At the meeting, the following were the objectives:

- Provide an overview of the distressed utility process,
- Provide an overview of the Environmental Finance Center and our work to assist utilities across the nation,
- Hear your concerns and questions,
- Determine if you are interested in working with us, and
- Agree on next steps.

The NC State Pandemic Recovery Office (PRO) has proposed \$16 million is allocated to COGs in the Governor's proposal, which means \$1 million per COG to support capacity building and helping local governments spend funds through the Emergency Recovery Funds.

The Director of the PRO Office articulated that each COG serve as a host of regional planning meetings around the funding. NC PRO seems very interested in using the regional council of governments as the focal point for planning and assistance efforts since we cover the entire state and represent both municipalities and counties.

As you read from the above legislative agenda, progress is being made. To actually have the Governor include us in this is a recognition of the impact you all have across NC.

Planning Update

Carteret Beaufort Airport Authority

The attached letter dated March 26, 2021 was submitted to the Airport Authority. On April 7, 2021 Deputy Finance and Transportation Director Morgan and Executive Director Bordeaux met with Airport Authority Chair Pat Joyce and Business Manager Kristen Jayne. On April 15, 2021 Chair Joyce and Business Manager Jayne provided a \$16,000 check and the two attached documents.

Onslow County Down East Rural Planning Organization (DERPO)

On January 22, 2021, Onslow County provided the ECC notice that the County is withdrawing their DERPO membership and joining the Jacksonville Metropolitan Planning Organization (JUMPO). At the March 11, 2021 Executive Committee Board, the Board requested the Executive Director work with Secretary Boyette regarding Onslow County's delinquent dues for the DERPO. Attached are correspondences.

The Jacksonville MPO has grown and is absorbing the whole of Onslow county, causing local match funding to shift within the RPO. JUMPO has received the approval for the expansion from their TCC and TAC as well as all affected local governments (county, Swansboro, North Topsail Beach, Holly Ridge, and Richlands). This move has caused an issue with Onslow County's dues owed to DERPO, which they have not yet paid.



Attached is the Memorandum of Understanding signed by Secretary Boyette. Since the DERPO will be losing a county, the TAC and the TCC voted in May to redistribute dues based on the population of the current 4 counties.

Attached is a copy of the standard letter that was sent to the county finance and manager departments. I attended Rural Planning Organization (RPO) meetings: the East Carolina Rural Planning Organization (ECRPO) and the Down East Rural Planning Organization (DERPO). Each RPO has a Transportation Advisory Committee (TAC) and Transportation Coordinating Committee (TCC). Both Committees have bylaws with little consistency. Since the ECC has two RPOs, there are four sets of bylaws. The bylaws have not been updated since 2002 and the same committees were not consistent. In keeping with ECC President Bender's request to update the ECC bylaws, Board Attorney Quattlebaum, Deputy Finance Director/Transportation Director Morgan, and I worked with both RPO staff members to update the TAC and the TCC bylaws.

ECRPO Anderson is helping Lenoir Public Works apply for a BUILD Grant (formerly known as TIGER Grants). To be in compliance with the grant criteria, ECRPO is needing an amendment to the existing Comprehensive Transportation Plan (CTP) to add projects included in the BUILD application. The CTP involves governmental officials and the public in an effort to determine the area's future transportation needs. This is an important collaboration for Lenoir County and the ECC.

Attended Geographic Information Coordinating Council Meetings. As reported in an earlier Executive Director Report, Governor Cooper appointed me to the Council. Bob Coates from the Census Bureau gave a presentation on what information will be released and at what time the Bureau will officially publish the 2020 Census. Three bills passed in the 116th Congress which may be opportunities for the advancement of geospatial data and technology. These advancements will help our RPOs with their work. Council also approved recommended bylaw changes. The last bylaws were created when the General Assembly passed the Council's enabling legislation.

Eastern Carolina Council of Governments partners with Atlantic Beach on Watershed Restoration and Stormwater Resiliency Plan

The Atlantic Beach Watershed Restoration and Stormwater Resiliency Plan project team consisted of the ECC (Finance Director, Deputy Finance Director, and Executive Director), the Town of Atlantic Beach, LDSI Engineering Firm, and North Carolina Coastal Federation.

Atlantic Beach's water resources have tremendous inherent value for recreation, tourism, and fishing. Significant recreational and habitat areas surround the watersheds including piers, sounds, islands, and the Atlantic Ocean. Improvements in water quality can be achieved by using stormwater management techniques that reduce the volume of stormwater runoff caused by new developments.

The Town of Atlantic Beach project is to proactively develop a watershed restoration and stormwater resiliency plan to actively reduce stormwater runoff within two of its three 12-digit HUCs (Drum Shoals & Beaufort Inlet). The goal of the plan is to reduce stormwater runoff caused by a 2-year 24-hour storm to the amount that occurred during the baseline condition of the 1980's. Thorough analysis has determined that since the 1980's, the volume of runoff caused by a 2-year 24-hour storm has increased by 28.6 acre-feet. Reducing the stormwater runoff by 28.6 acre-feet is equivalent to a reduction of approximately 0.19 gallons per square foot across the entire land-area of Atlantic Beach. The project examined the past and



present hydrologic conditions influencing the stormwater runoff impacts and recommends methods and strategies for reducing. Stormwater runoff can have a negative impact on water quality and excessive stormwater runoff can cause hazardous flooding conditions. Based on aerial imagery and the analysis conducted within this report, a large increase in impervious surfaces resulting from development has caused a large increase in stormwater runoff. This plan lays out cost effective methods for reducing and attenuating stormwater runoff, reducing residential flooding, improving water quality of runoff, helping to restore the usefulness of the water resources, and increasing stormwater resilience of the Town of Atlantic Beach.

The final plan approved by the Town Council in March includes 25 proposed stormwater project site locations, proposed stormwater treatment methods, and suggested local ordinance language to implement within the Town of Atlantic Beach. The plan focuses on the importance of disconnecting impervious surfaces that currently tie directly into the existing drainage infrastructure. Doing so will allow a portion of the stormwater to infiltrate into the Town's fast-draining sandy soils to mitigate flooding while subsequently enhancing the water quality of the infiltrated stormwater. The Atlantic Beach Watershed Restoration & Stormwater Resilience Plan focuses on the application of the Environmental Protection Agency (EPA) Nine Minimum Elements, the North Carolina Department of Environmental Quality (DEQ) Section 319 office guidelines, and the practiced coastal watershed restoration methodology developed by the plan's partners.

This Watershed Restoration & Stormwater Resilience Plan provides a comprehensive framework to address water quality impairments within two of the three Atlantic Beach watersheds. The watersheds have experienced increased volumes of stormwater runoff because of changes in land coverage and land use. Stormwater runoff can transport harmful bacteria and other contaminants into surrounding water bodies and impair the water quality and usefulness of these resources. Additionally, the watersheds have experienced nuisance flooding in residential areas because of stormwater runoff. By reducing, storing, and re-routing stormwater runoff, water quality can be enhanced in the surrounding water bodies while reducing nuisance flooding.

Stormwater runoff is one of the primary contributing factors to the degradation of water quality within the Atlantic Beach watersheds and surrounding water bodies. Increased development and impervious surface coverage across Atlantic Beach since the 1980's have altered the natural landscape, redirected surface flow, and minimized infiltration of stormwater runoff into the ground. The alterations to surface coverage have impacted the overall hydrology of the watershed by reducing the total area of naturally covered land that is able to infiltrate stormwater. Consequently, stormwater that cannot infiltrate into the ground becomes runoff that travels across the surface and becomes contaminated with bacteria, nutrients, sediment, and other pollutants that are present within the watershed. This increase in stormwater runoff puts a strain on existing drainage infrastructure that may not have been initially designed to accommodate the current level of impervious surface.

This plan seeks to address:

1. Restoring and maintaining the water quality of the two HUCs within Atlantic Beach
2. Reducing instances of localized flooding to improve safety and protect property
3. Improving the resilience of the Town's infrastructure by reducing the demand on stormwater infrastructure through nature-based stormwater retrofits



4. Prioritizing cost-effective Low Impact Development and stormwater retrofit techniques to address stormwater management
5. Analyzing the effects of sea level rise on existing stormwater infrastructure

See final draft plan and presentations in final report attachments. The media covered development of the plan. It was also featured on Coastal Federation social media, CRO and on the Town of Atlantic Beach and LDSI web sites.

<http://atlanticbeach-nc.com/stormwater-resiliency-plan/>

<https://www.newsbreak.com/north-carolina/atlantic-beach/government/2159103930584/atlantic-beach-planners-forward-watershed-plan-for-council-for-approval>

https://www.carolinacoastonline.com/news_times/article_b7abc042-688f-11eb-9008-0fd383e938d4.html

<https://www.dailyadvent.com/news/c08c7245da735045e51dc9e2f02a325b-Atlantic-Beach-planners-forward-watershed-plan-for-council-for-approval>

https://www.carolinacoastonline.com/news_times/article_798ffe3e-76d3-11eb-ab74-dfe6164d884b.html

https://www.facebook.com/permalink.php?id=185345054061&story_fbid=10161270663324062

Aging Update

Aging Director O'Connor, Family Caregiver Support Specialist Brown, and Executive Director Bordeaux presented to the elected officials an information session on ECC Aging services that are currently offered in their country. Each presentation was tailored to the county's demographics, services provided, and allocation amounts. All county clerks were provided a PowerPoint copy of the presentation. Some clerks opted to not show the PowerPoint.

The Annual Ombudsman Self-Assessment and the Annual Area Agency on Aging reports were submitted to the North Carolina Department of Aging and Adult Services (DAAS). The purpose of these documents is to gather information to assist DAAS in determining risk for each provider that the Area Agency on Aging funds. The sections of the self-assessment are legal, elder rights and special initiatives, service operations, and fiscal review.

Carolina East Medical Center in New Bern is developing a dementia friendly hospital initiative. Family Caregiver Support Specialist Brown, Ombudsman Pridgen, and Ombudsman Smith have been asked to join the task force to assist the hospital. These staff members are advising the taskforce and representing older adults and caregivers. Family Caregiver Support Specialist Brown is also assisting with developing a pilot community task force through this group for Craven, Jones, and Pamlico. The ECC staff are developing relationships with the local hospital, first responders, and community stakeholders through this task force.

Area Agency on Aging

Carteret County

- ECC-AAA participated in the weekly virtual FCSP Support Group.
- Carteret County re-opened the Center on 4/12/21.
- Carteret Aging Services is providing activities like exercise and music classes virtually.
- ECC-AAA provided a virtual technology presentation for caregivers in Emerald Isle.
- ECC-AAA provided a virtual Trualta portal training to Caregivers.

Craven County

- Attended Craven Aging Planning Board.
- ECC-AAA participated in the Carolina East Regional Medical Center Dementia Friendly Task Force.
- ECC-AAA Participated in the monthly virtual FCSP Support Group .
- Craven Senior Center open with limited capacity. Havelock Senior Center re-opened on 5/3/21.
- ECC-AAA provided a virtual Trualta portal training to Caregivers

Duplin County

- Duplin County Services for the Aged is providing Arthritis exercise classes.
- Duplin County Services on the Aged is providing in-person FCSP Support Groups.
- Participated in Duplin County Aging Planning Board.
- Duplin Services for the Aged opened with limited capacity.
- Duplin Services for the Aged plans to re-open 6/1/21.

Greene County

- Greene Senior Center is providing monthly virtual FCSP Support Groups.
- Participated in the Greene County Aging Planning Board.
- Greene County Senior Center is holding Bingocize and Arthritis classes in small groups.
- Greene County Senior Services is opened with limited capacity.

Jones County

- Participated in the Jones County Aging Planning Board.
- Jones County Senior Center and all three nutrition sites are open and serving a hot meal to seniors.



Serving Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico and Wayne Counties

Area Agency on Aging

Lenoir County

- Attended Lenoir County Aging Planning Board teleconference.
- Lenoir County Council on Aging is providing a variety of exercise programs. Classes are held both virtually and in-person using strict protocol to maintain social distancing.
- Lenoir County Council on Aging is providing congregate meals on site abiding strict protocols.
- Lenoir County Council on Aging has re-opened on 5/3/21.

Onslow County

- Onslow Senior Services is partnering with Onslow Health Department to administer COVID vaccinations.
- Onslow Senior Services nurses rotate shifts to administer shots and In-Home Aides assist with post shot observation.
- ECC-AAA has provided training to Onslow DSS on the FCSP program with CARES-Act funding.
- Onslow County Senior Services has re-opened on 5/3/21.

Pamlico County

- Pamlico Senior Services is working with the Pamlico Health Department to administer COVID vaccines.
- Pamlico Senior Services assisting in the registration of clients to aid the distribution of these vaccines.
- Pamlico County has done a virtual training on Powerful Tools for Caregivers, this is provided through Prime Time and ECC-AAA.
- Pamlico Senior Center plans to re-open on 7/1/21.

Wayne County

- Wayne Services on Aging is collaborating with the Wayne County Health Department to register older adults for the COVID-19 vaccine.
- Wayne Services on Aging is beginning to open the center on a very limited basis. COVID safety protocol is used.
- Activities open now include the gym, computer lab, and group respite.
- Multiple exercise classes are held both virtually and in-person outside using strict protocol to maintain social distancing.
- Wayne Services on Aging re-opened 3/1/21 by appointment.



Serving Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico and Wayne Counties

REGIONAL FUNDING ALLOCATIONS for OLDER AMERICANS ACT										
County	HCCBG		EBHP (IIID)		FCSP		SCGP		Legal Services	
	Budget	YTD Expended	Budget	YTD Expended	Budget	YTD Expended	Budget	YTD Expended	Budget	YTD Expended
Carteret	522,514	317,153	5,633	1,508	16,835	6,017	14,020	4,470	2,972	2,159
Craven	576,786	361,664	6,272	1,333	19,388	7,246	4,673	0	3,332	2,421
Duplin	494,849	171,234	5,250	1,730	16,330	7,906	4,673	2,275	2,751	1,999
ECC	0	0	11,077	1,831	203,729	136,348	0	0	0	0
Greene	237,703	121,986	2,305	472	10,731	5,634	14,020	10,515	1,264	918
Jones	164,851	61,763	1,721	79	9,148	3,578	4,673	1,844	900	654
Lenoir	544,119	308,177	5,323	1,672	14,623	39,758	14,020	7,327	2,832	2,057
Onslow	750,302	383,900	7,417	2,589	17,839	13,846	14,020	6,862	3,948	2,868
Pamlico	198,752	108,165	2,056	0	11,039	2,575	9,348	7,011	1,089	791
Wayne	865,310	526,467	8,528	2,696	20,021	14,795	14,020	6,371	4,512	3,279
Regional Totals	4,355,186	2,284,068	55,582	13,910	339,683	237,703	93,467	46,675	23,600	17,146

REGIONAL COVID-19 FUNDING ALLOCATIONS					
County	Families First		CARES-Act		
	Budget	YTD Expended	Budget	YTD Expended	YTD Expended
Carteret	61,797	7,324	179,124	2,751	2,751
Craven	70,288	11,898	147,140	55,225	55,225
Duplin	56,604	96,660	163,031	14,115	14,115
ECC	0	0	75,524	25,785	25,785
Greene	21,354	6,290	74,448	22,918	22,918
Jones	12,773	11,896	58,443	9,757	9,757
Lenoir	58,541	11,267	171,433	40,682	40,682
Onslow	85,414	70,308	168,068		
Pamlico	14,561	0	27,154		
Wayne	97,796	0	262,171		
Regional Totals	479,038	208,319	1,326,536		

Source: ARMS Report ZGA515-3 Service Expenditures

Figures through March 31, 2021

Ombudsman

	Carteret	Craven	Duplin	Greene	Jones	Lenoir	Onslow	Pamlico	Wayne
Resolved	17	70	26	8	0	13	26	13	50
Open Complaints	0	0	0	0	0	0	0	0	0
Family Care Home Visits	1	0	4	2	3	0	1	0	0
Adult Care Home Visits	7	19	8	5	0	0	35	0	16
Skilled Nursing Facility Visits	7	21	7	3	2	6	9	0	11

Local Contact Agency

	Carteret	Craven	Duplin	Greene	Jones	Lenoir	Onslow	Pamlico	Wayne
LCA – Persons served	0	0	0	0	0	0	0	0	0

Nutrition

	Carteret	Craven	Duplin	Greene	Jones	Lenoir	Onslow	Pamlico	Wayne
Meals Served	5,717	18,971	25,313	4,862	9,117	13,222	10,839	6,387	40,610

Figures January 1, 2021, through May 21, 2021



Serving Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico and Wayne Counties

Area Agency on Aging bringing the Region together:

ECC region received \$1,402,892 for supportive support services, nutritional services and Family Caregiver Support Program provided 1,518 respite hours to 52 caregivers. ECCAAA allocated funding to each provider in the region.

The Family Caregiver Support Program provided 1,518 respite hours to 52 caregivers.

The Ombudsmen created and delivered 4,000 calendars to facilities over the region.

ECCAAA has developed a regional media and marketing campaign for 2021 to include new brochures, projects, and monthly awareness topics.

The Ombudsmen created and distributed 2,000 door hanger to facilities across the region for seniors to promote Clients' Rights and the awareness of elderly abuse.

AAA staff assembled and distributed 200 COVID Caregiver Bags and 250 Caregiver Soup Bags regionally through FCSP.

ECCAAA staff have utilized various virtual platforms to educate and inform community members and professionals within the region through podcast, social media, ZOOM, and program staff video recordings.



Serving Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico and Wayne Counties

Area Agency on Aging bringing the Region together:

ECC hosted a statewide Rural Dementia Caregivers Project informational session for professionals.

Held a regional Nutrition Service Provider meeting on 1/27/21 through ZOOM. The providers were able to talk about various topics in a round table fashion.

ECCAAA has started the FY20/21 Older Americans Act monitoring season. This cover all counties in the region and approximately 27 providers.

ECCAAA was interviewed by Channel 12 WCTI on the FCSP caregiver fidget items that have been made by January Brown. These fidget items are being distributed throughout the region.

AAA has participated in two radio interviews with Coastal Daybreak to promote National Heart Awareness and the Rural Caregiver Project.

The Ombudsmen are working on ordering and the distribution of Kindles purchased with CARES-Act funds. These Kindles will help our residents in facilities stay in communication with loved ones during this pandemic.



Serving Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico and Wayne Counties

Area Agency on Aging bringing the Region together:

ECC-AAA hosted a Regional Provider Meeting for all providers across all funding sources on Wednesday April 28, 2021. We had 27 providers in attendance at this event.

The ECC-AAA Ombudsmen are working with facilities across the region in May to begin soft re-entries into the facilities. All precautions are in place for the safety of staff and residents.

ECC-AAA is finishing the FY20/21 Older Americans Act monitoring season. ECC-AAA is starting the COVID-19 Funding services monitoring. This cover all counties in the region and approximately 27 providers.

ECC-AAA has been given 105 Caregiver slots for the Virtual Trualta Caregiver Education Platform for our Region from DAAS. ECC-AAA Staff have completed the training and are beginning to education community members.

ECC-AAA participated in a Health Fair at the Omega Center and Pembroke in Craven County and at Granger Stadium in Lenoir County to provide information to the community on Aging Services and Resources.

ECC-AAA presented to the County Commissioners in Carteret, Craven, Greene, Pamlico, and Wayne, a program overview and information on services for the upcoming contract season.



Serving Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico and Wayne Counties