

## Onslow County

### Older Adult and Caregiver Resource Sheet

**Eastern Carolina Council Area Agency on Aging:** (252) 638-3185, [www.eccog.org](http://www.eccog.org)

- **Address:** 233 Middle Street, 3<sup>rd</sup> Floor, New Bern NC
- **Services:** Long Term Care Ombudsmen program, education, information, volunteer opportunities, and referral programs.

**Onslow County Department of Social Services:** (910) 455-4145; <http://www.onslowcountync.gov/DSS/>

- **Address:** 1612 College St, Jacksonville NC
- **Services:** Adult Protective Services, At Risk Case Management (housing, food, health services), Representative Payee, Adult Care Home Monitoring, Enhanced Personal Care (facilities), Guardianship, Adult Care Home Placement, Elderly and Disabled Transportation Assistance Program (EDTAP), Housing and Home Improvement, Special Assistance In-Home, Services for the Blind.

**Onslow County Senior Services:** (910) 455-2747; <http://www.onslowcountync.gov/Seniors/>

- **Address:** 4024 Richlands HWY, Jacksonville NC
- **Services:** Adult Day Care Programs, Caregiver Support, General Resources, Home Delivered Meals, Home Health Care, Hospice, In Home Aide Services, Legal Assistance, Meals / Nutrition, Medicare Part D Counseling, Respite Services, Support Groups, Transportation, and Volunteer Opportunities

#### CAREGIVER SUPPORT GROUP

- **2<sup>nd</sup> Tuesday at 2:00 pm:** Caregiver Support Group, Senior Services in the Onslow County Multipurpose Complex, 4024 Richlands HWY, Jacksonville (adult Day care is available at no charge.)
- **Every Tuesday at 9:00 am:** Diabetic Support Group, call Cynthia Peck at 910-353-4738 for further information
- **2<sup>nd</sup> Tuesday of each month at 2:00 pm:** Parkinson's Support Group, for more information call 910-577-6660

#### RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; [www.aarp.org](http://www.aarp.org)
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; [www.dementianc.org](http://www.dementianc.org)
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aid of NC:** 1-866-219-5262; [www.legalaidnc.org](http://www.legalaidnc.org)
- **Medicare:** 1-800-633-4227; [www.medicare.gov](http://www.medicare.gov)
- **NC Assistive Technology:** (919)859-8360, [www.ncdhhs.gov](http://www.ncdhhs.gov)
- **NC Baptist Aging Ministry (NCBAM):** 1-877-506-2226, [www.ncbam.org](http://www.ncbam.org)
- **NC Division of Health & Human Services:** 1-800-662-7030; [www.ncdhhs.gov](http://www.ncdhhs.gov)
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Onslow County Health Department:** (910) 347-2154
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; [www.ncdoi.com/SHIIP](http://www.ncdoi.com/SHIIP)
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; [www.va.gov](http://www.va.gov)

## TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, [www.alz.org](http://www.alz.org)
- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; [www.afadn.org](http://www.afadn.org)
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Trillium Mobile Crisis Line:** 1-877-685-2415, [www.trilliumhealthresources.org](http://www.trilliumhealthresources.org)
- **United Way NC211 Helpline:** 211; [www.nc211.org](http://www.nc211.org)
- **Veterans Crisis Line:** 1-800-273-8255; [www.va.gov](http://www.va.gov)

## NC LICENSED HOME CARE: <https://info.ncdhhs.gov/dhsr/data/hclist.pdf>

- **A Primary Choice, Inc:** (910) 865-3500
- **Access Community-Based Services:** (910) 346-2311
- **Cardinal Hospice Care:** (910) 989-2682
- **Changing Lives:** (910) 939-4663
- **Continuum Home Care and Hospice:** (910) 989-2682
- **Gentiva (Community Hospice):** (910) 326-1037
- **Liberty Home Care:** (910) 346-4800
- **Onslow County Home Health and Hospice:** (910) 577-6660
- **Onslow Senior Services:** (910) 455-2747
- **Quality Home Staffing, Inc.:** (910) 346-1094
- **Shining Hearts Home Care of North Carolina, LLC:** (724) 713-3487
- **Sweet Waters Homecare, LLC:** (910) 319-9387
- **United Home Care, Inc.:** (910) 238-2274
- **Well Care Home Care, Inc.:** (910) 353-9788

## FOOD ASSISTANCE

- **Coastal Carolina Community College Food Pantry:** 444 Western Blvd, Jacksonville
- **Food Bank of Central & Eastern North Carolina:** (919) 875-0707
- **Home Delivered & Congregate Meals Program:** Onslow County Senior Services, (910) 455-2747
- **Lutheran Church of Our Savior:** 1115 Lejeune Blvd, Jacksonville
- **SNAP Assistance:** Onslow County Department of Social Services, 910-455-4145

## TRANSPORTATION

- **Friendly Medical Transport:** (910) 577-0080
- **Medaccess Transportation:** (910) 238-4914
- **Onslow United Transit System:** (910) 346-2998

## NC LICENSED FAMILY CARE HOMES: [Onslow-FCH-7.27.2020.docx \(live.com\)](https://www.livem.com/Onslow-FCH-7.27.2020.docx)

- **Pearl's Family Care #1:** (252)267-3346
- **Pearl's Family Care #2:** (910) 938-3859
- **Pearl's Family Care #3:** (910) 938-0251
- **The Cottages of Swansboro, Cottage I:** (919) 434-4466
- **The Cottages of Swansboro, Cottage II:** (910) 325-1244
- **The Cottages of Swansboro, Cottage III:** (919) 434-4466
- **The Cottages of Swansboro, Cottage V** (910) 325-1512
- **The Cottages of Swansboro, Cottage VI:** (919) 434-4466

Provided By: Eastern Carolina Council Area Agency on Aging, (252) 638-3185

PO Box 1717, New Bern NC 28563, [www.eccog.org](http://www.eccog.org)

**NC LICENSED ADULT CARE HOMES (ASSISTED LIVING UNITS):** [Onslow-ACH-2022.pdf \(eccog.org\)](#)

- **Kempton of Jacksonville (Dementia unit):** 3045 Henderson Drive Extension, Jacksonville NC; (910) 355-1996
- **Lighthouse Village:** 182 Village Drive, Jacksonville NC; (910) 353-7111
- **Onslow House:** 34 McDaniel Drive, Jacksonville NC; (910) 347-1300
- **The ARC (Dementia unit):** Jacksonville NC; (910) 347-3092
- **The Heritage of Richlands:** 148 Cox Ave, Richlands NC; (910) 324-1121
- **The Landings of Swansboro:** 280 Swansboro Loop Rd, Swansboro; (910) 325-8271

**NC LICENSED LONG-TERM CARE, SKILLED NURSING FACILITIES:** [Onslow-NH-7.29.2020.docx \(live.com\)](#)

- **Carolina Rivers:** 1839 Onslow Drive Ext., Jacksonville NC; (910) 455-3610
- **Premier Nursing:** 225 White Street, Jacksonville NC; (910) 353-7222

*DHSR/DHHS licensing information, licensed facility information, and survey results available at:*

[www.ncdhhs.gov](http://www.ncdhhs.gov)

**For further information and assistance contact:**



**Aging Program Consultant- Family Caregiver Resource Specialist:** (252) 638-3185

**Long Term Care Ombudsmen:** (252) 638-3185

Visit us at:

[www.eccog.org](http://www.eccog.org)



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