



ECC NOVEMBER 2023 NEWSLETTER

REGIONAL UPDATES

Eastern Carolina's Transportation Summit - "Investments in Transportation - a Driving Force in Economic Development"

ECC hosted the Transportation Summit on October 19th at New Bern's Riverfront Convention Center; we had a terrific event and the audience responded appreciatively!



(Upper left to bottom right – Keynote Speaker, NCDOT Secretary, Joey Hopkins; Panelists, Kurt Rogerson, Kevin Johnson, Tim McCurry, Mark Pope, and Dr. Tisha Emerson; Guest Speaker, Caitlin Melvin; and Oct. 19th Transportation Summit attendees.)

Participants received updates on the US-70 (Future I-42) and US-17 corridors, listened to a great panel discussion about the importance of transportation investment to various industry sectors, and heard NCDOT Secretary, Joey Hopkins, provide the keynote address. Additionally, we received intermodal updates, including Airport, Rail, Ferries, Transit, and Bike/Ped, and a presentation on the City of Wilson's Microtransit initiative.

Thank you to our speakers and panelists, and thank you to our event sponsors:

Craven County
Colliers Engineering & Design
Coastal Carolina Regional Airport (EWN)

TranSystems
JMT Engineering

A big thank you to ECC staff who did such a fantastic job planning and hosting this event!

ECC Hosts 3 Disaster Recovery Workshops

The Eastern Carolina Council of Governments, in partnership with the Upper Coastal Plain Council of Governments, [Working Landscapes](#), and [Croatan Institute](#), hosted workshops on October 23, 24, and 30 to help communities identify and prioritize resiliency projects. Local governments that participated will also receive a short, user-friendly report that summarizes their project plan ideas and provides targeted funding opportunity recommendations and digital geospatial maps. Thank you to the participants and thank you to our members who allowed us to hold the workshops in their facilities – Jones County, Town of La Grange, and Carteret County!



November is
**NATIONAL FAMILY
CAREGIVERS MONTH**

National Family Caregivers Month 2023 Caregivers Connect

National Family Caregivers Month is celebrated each November to recognize and honor family caregivers across the country. This November, we remember the people who lovingly provide care and comfort to millions of older adults who are friends and loved ones. These acts of love, commitment, and compassion enable their loved ones to receive the support they need to live a life with dignity. The

theme for 2023 is “Caregivers Connect.” Eastern Carolina Council Area Agency on Aging encourages community members and professionals to reach out to those who provide care and thank them. Throughout November, events will take place across the region to recognize and celebrate caregivers, and to support them in their roles. For further information regarding events in your area, contact your local senior center or visit the Eastern Carolina Council Facebook page.

ECC’s Area Agency on Aging calls for Volunteers to serve on the Community Advisory Committee (CAC): The Ombudsman Program seeks volunteers for their CACs who will work to ensure quality care is given to persons in long-term care facilities. To learn more about becoming a CAC volunteer, visit our website at <https://eccog.org/human-services-area-agency-on-aging/programs-and-services/long-term-care/community-advisory-committees/>



Amplifying Our Voices

The National Consumer Voice for Quality Long-Term Care celebrates the month of October as Resident Rights Month. This is a time to honor residents living in long-term care facilities and to acknowledge the importance of dignity and rights of all long-term care residents. This year’s theme is **Amplify Our Voices**. The theme emphasizes the importance of having a community of long-term care residents come together to make their voices heard. Amplifying your voice means being outspoken about your preferences and choices, as well as sharing who you are and your experiences. Throughout October, Eastern Carolina Council Area Agency on Aging ombudsmen provided resident rights training to five long-term care facilities and conducted presentations to three Resident Councils. We encouraged residents to make their voices heard and for staff to support and honor the rights of the residents they serve.



In 1983, President Ronald Reagan designated November as National Alzheimer’s Disease Awareness Month. During November, National Alzheimer’s Disease Awareness Month aims to make the public more aware of the disease, the impact it has on our communities, and the impact it has on the individual, and their family members.

Alzheimer’s Disease is the most common form of dementia among older adults. According to the Alzheimer’s Association, there are more than 5.7 million people in the United States currently living with Alzheimer’s. There are 180,000 individuals 65 years and older living with Alzheimer’s in North Carolina. This number is expected to reach 210,000 by the year 2025.

Alzheimer’s disease is the sixth leading cause of death in the United States. Individuals diagnosed with Alzheimer’s disease live an average of four to eight years after diagnosis but can live as long as 20 years, depending on the individual’s age, health, and progression of the disease. For further information and support, please visit Eastern Carolina Council Area Agency on Aging Family Caregiver Support Program <https://eccog.org/family-caregiver-support-program/>. Dementia Alliance North Carolina at <https://dementianc.org/>, or the Alzheimer’s Association at <https://www.alz.org>.

This November, Eastern Carolina Council Area Agency on Aging would like to honor the spirit of each person, each family, and our communities by supporting individuals and family members living with Alzheimer’s or another form of dementia.

How Can You Raise Awareness of Alzheimer's Disease?

1. Educate yourself about Alzheimer's disease.
2. Honor and support a caregiver.
3. Take a walk to help end Alzheimer's and honor those who have been diagnosed with the disease.
4. Wear purple for Alzheimer's during November to show your support to those affected by the disease.

If you are a caregiver, join a support group or attend a workshop to assist you in taking care to give care.



Duplin, Greene, and Wayne County Walk to De-feet Dementia!

October 21, 2023, Dementia Alliance NC partnered with Duplin, Greene, and Wayne County community partners to host their annual De-feet Dementia Walk. The event included a warmup conducted by Lisa Weston from the Peggy M. Seegars Senior Center in Wayne County, music, raffles, information, and resources. Greene County Senior Center, Duplin Services for the Aged, Peggy M. Seegars Center, and walk committee members provided a successful community event to De-Feet Dementia.




On October 4, 2023, Woody Brinson from Duplin County was elected and sworn in as the North Carolina Senior Tar Heel Speaker (NCSTHL). Mr. Brinson will be the principal officer and official spokesperson of the NCSTHL. He will preside over all sessions of the STHL and all meetings of the Executive Committee. On October 17, 2023,

Elliott Ashburn from Greene County was elected and sworn in as the North Carolina Senior Tar Heel (NCSTHL) Speaker Pro Tempore. Mr. Ashburn will serve as the second-highest officer of the NCSTHL. He will perform the duties of the speaker in Mr. Brinson's absence.

Please join us in congratulating both individuals on their new positions on the NCSTHL board. For further information on your STHL representatives, visit <https://eccog.org/programs-and-services/advocacy/>.

WORKSHOPS / WEBINARS

ECC's 2-Day Grant Writing Workshop, ECC's 3rd Floor Conference Room, Nov. 7 & 8, 9:00 AM – 4:30 Room. Register at <http://events.constantcontact.com/register/event?>



GRANT WRITING WORKSHOP

Presented By: **Holly Lippitt**
hrcraighead@eccog.org

November 7-8 9am -4:30pm
ECC's 3rd Floor Conference Room

Eastern Carolina Council is hosting a Grant Writing Workshop for the first 35 who register from member governments. Bring a laptop and an identified community need to learn about: grant types, categories, and terminology. Also, you will research federal, state, and private foundations. Step-by-step, the process will target potential grantors; which will be limited to offer the best match for the development of a compelling grant application.

SCAN HERE TO REGISTER



(252) 638-3185
www.eccog.org
233 Middle St, Ste. 300
New Bern, NC 28560



ECC to Host “Flood Insurance & the National Flood Insurance Program

(NFIP)” training on Nov. 14,-2:00-3:00 PM (rescheduled from Sept. 14th). To register for the training, visit:

[https://events.r20.constantcontact.com/register/eventReg?](https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ek20vrr7715b32de&oseq=&c=&ch=)

[oeidk=a07ek20vrr7715b32de&oseq=&c=&ch=](https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ek20vrr7715b32de&oseq=&c=&ch=)

Flood Insurance and The National Flood Insurance Program (NFIP)

ECC to Host "Flood Insurance & The National Flood Insurance Program (NFIP). This will be a hybrid training on November 14, 2023 2:00-3:00. This meeting was rescheduled from September 14th.

David Holcomb, ISO/CRS Specialist, works for the Insurance Services Office, Inc. (ISO) and is contracted by FEMA to do fieldwork on the Community Rating System (CRS) as the contact for NC communities. He will co-present a hybrid training session entitled, *Flood Insurance and the NFIP*. This training will take place on Tuesday, November 14, 2023 from 2:00 to 3:00pm at Eastern Carolina Council's (ECC) 3rd floor conference room and via Zoom online.

The training session will focus on NFIP goals:

1. Provide flood insurance to the property owner
2. Encourage flood loss reduction activities by communities
3. Save taxpayer's money.

To register for the training, visit:

<http://events.constantcontact.com/register/event?llr=gppuxoyab&oeidk=a07ek20vrr7715b32de>

Zoom Link

<https://us06web.zoom.us/j/86365762082?pwd=fAhv9hgEd6Rx3hYFFIeYhGzu51Nso.1>

Scan Here for Zoom



Meeting ID: 863 6576 2082
Passcode: 277263

Scan Here for In-Person




Eastern Carolina Council



ECC/NCDEQ Brownfields, a hybrid training hosted at ECC's 3rd Floor Conference Room and via Zoom, **Nov. 15, 10:00-11:30 AM**. A Brownfields site is one that has been abandoned or is an underused property that has the potential for a real threat of environmental contamination, which may be redeveloped after an NCDEQ Brownfields

Assessment. Joselyn Herriger, Brownfields Grant Coordinator, will talk about the 5-year grant that will close in Sept., 2027 and how municipalities may qualify for funds. Register here:

<http://events.constantcontact.com/register/event?llr=gppuxoyab&oeidk=a07ejznb4bocodd37d8>

SPONSORED BY:



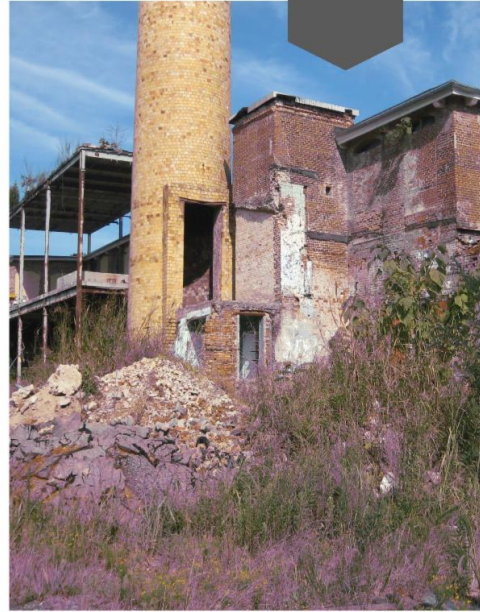
BROWNFIELDS TRAINING

This session will cover the types of environmental assessment, due diligence, risk evaluation, vapor intrusion, EPA and DEQ Brownfields programs, and grant funding availability.

November 15, 2023

10 AM – 11:30 AM

Eastern Carolina Council
233 Middle St., Ste. 300
New Bern, NC



REGISTER BY [CLICKING HERE](#) OR SCANNING THE QR CODE

| Virtual Option Available



New Historic Resilience Workshop offered by UNC, School of Government, **Downtown New Bern, Dec. 7th 9:00-4:00 OR Online Dec. 14th 9:00-4:00;** course fee - \$25.

The goal of the workshop is to seek and find common ground between historic preservation, hazard mitigation, private ownership, and public regulation, which generally represent worlds that are sometimes in conflict, despite common goals. Attendees will participate through structured discussions, case study problems, and open dialogue.

Targeted audience: Community Members and Property Owners; Historic Property Owners and Businesses; Preservation Advocates and Design Professionals; Preservation Planners, Historic Preservation Commissioners, Local Planning, and Preservation Officials; Preservation Nonprofits and Consultants; Historic Site Operators; and Architects, Engineers, and Other Designers; Elected Officials and Local Government Managers; Hazard Mitigation and Emergency Management Officials; Hazard Mitigation Planners, Floodplain Managers, and Land Use Planners; Religious, Higher Education, and Other Institutional Leaders; and Community Cultural Advocates.

For more information and to register, visit: <https://www.sog.unc.edu/courses/historic-resilience-workshops>

Development Finance Toolbox also offered by UNC, School of Government, Dec. 5-7, 10:00-2:30, Online, course fee - \$360.

Topics include: Federal tax credit financing; Public-private partnerships for redevelopment; Local government capital financing; Tax Increment Financing (TIF) and synthetic TIF; Business improvement districts; Attracting private investment to Main Street; Grant identification and management; and Fundamentals of developer real estate financing.

Targeted audience: Elected officials; City and county managers, assistant managers, clerks; and Community and economic development professionals (for the basics and understanding the options of development finance tools used by NC local governments).

For more information and to register, visit: <https://www.sog.unc.edu/courses/development-finance-toolbox>



Welcome to new Managers in the region!

ECC looks forward to working with these Managers in their new roles!

David Smitherman was sworn in as the Onslow County Interim Manager on Oct. 4th, Bryan Miller began work as the Duplin County Manager on Oct. 9th, and Julie Anderson, Pine Knoll Shores' Assistant Town Manager and Finance Director, was named as Town Manager and will begin in her new role on Nov. 1st.

UPDATES



ARP Office Hours: The School of Government has released new dates:

- Monday, November 6, 8:30-9:30am – Focus on Subawards
- Thursday, November 16, 12-1pm
- Monday, November 27, 8:30-9:30am – Focus on Opioid Settlement Funds
- Friday, December 8, 8:30-9:30am
- Wednesday, December 13, 12-1pm
- Wednesday, December 20, 8:30-9:30am

ZOOM LOG IN

Here is the new Zoom Log in for all Office Hour Sessions:

<https://zoom.us/j/95481909044?pwd=U1E2VHNhN2luSoJkYkYkqTjZTMFRWdz09>

Meeting ID: 954 8190 9044

Passcode: 779726

One tap mobile

+16469313860,,95481909044# US

+19292056099,,95481909044# US (New York)

Grant Writing Services Available through ECC – ECC provides grant writing services to member communities. We are taking on grant writing projects on a case-by-case basis, based on availability and other considerations. If you are interested in ECC helping your community with grant writing, please contact Planning Director, Larry Faison (planning@eccog.org, (252) 638-3185 or Executive Director, David Bone (executivedirector@eccog.org, (252) 638-3185, Ext. 3005.



NC Secretary of State – Your Business Starts Here! NC Secretary of State, Elaine Marshall, stated, “For the past several years, our state has experienced record-breaking growth in the number of new businesses created. Whether you are a business owner or

know someone who is, we hope you'll share this information widely." Visit sosnc.gov/RISE. "Our entrepreneurial spirit is why North Carolina was named the top state for business. I hope you will help me reach out to both new and current business owners in your community so together, we can help them succeed. That experience is why I started Rural RISE NC – Resources for Innovators, Start-ups, and Entrepreneurs."



ARE YOU PREPARED? This is a question we all need to plan for in the event of a natural disaster. Consider visiting ECC's Area Agency on Aging user-friendly website for individuals, families, and our vulnerable populations - <https://eccog.org/human-services-area-agency-on-aging/emergency-preparedness/>.

NEXT SCHEDULED MEETING/EVENT

ECC Executive Committee Meeting, ECC Offices, Nov. 9, Dinner – 6:00PM, Meeting – 6:30 PM.

Eastern Carolina Council | PO Box 1717, New Bern, NC 28560



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