



CARTERET COUNTY

Older Adult and Caregiver Resource Sheet

Coastal Community Action, Inc.: (252) 223-1630; www.coastalca.org

- Address: 303 McQueen Ave, Newport NC
- Services: Senior Companion Program retired and senior volunteer programs, HUD Section 8 Rental assistance, weatherization assistance, and medical transportation assistance.

Eastern Carolina Council Area Agency on Aging: (252) 638-3185

- Address: 233 Middle Street, 3rd Floor, New Bern NC
- Services: Long Term Care Ombudsmen program, education, information, volunteer opportunities, and referral programs.

Carteret County Department of Social Services: (252) 728-3181; <https://www.carteretcountync.gov/144/Social-Services>

- Address: 210 Craven St, Beaufort, NC
- Services: Medicaid, Adult Protective Services, Special Assistance Programs, Food Stamp Eligibility, In Home Aide Services, Legal Assistance, and Subsidized Housing.

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Leon Mann Jr. Enrichment Center: (252) 247-2626; <https://www.carteretcountync.gov/168/Senior-Services>

- Address: 3820 Galantis Dr., Morehead City NC
- Services: Congregate Meal Site, Family Caregiver Support Supplemental Services, Home Delivered Meals, activities, fitness, health and Wellness, Nutrition, SHIP/Medicare counseling, volunteer opportunities, transportation assistance program, general resources, support groups, and classes.

PROJECT LIFESAVER

Carteret County Sheriff's Office: (252)728-8400, <https://www.carteretcountync.gov/899/Project-Lifesaver>

Project Lifesaver is the search and rescue program managed by the Carteret County Sheriff's Office. Project Lifesaver is strategically designed for "at risk" individuals who are prone to the life-threatening behavior of wandering. For further information contact the Carteret County Sheriff's Office.

CAREGIVER SUPPORT GROUP

- **Thursdays at 1:00 pm.-Caregiver Support Group;** Zoom, 301-715-8592; Meeting ID: 919 4723 9673; Passcode: 219062 or <https://zoom.us/j/91947239673?pwd=ZTN6Rit2THIrZnJHUzRDNStVakdLUTo9>.
- **2nd Thursday at 6:30 pm.-Carteret County Brain Injury Support Group;** St. Peter's United Methodist Church, 111 Hodges St, Morehead City.

RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Carteret County Health Department:** (252) 728-8550
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; www.dementianc.org
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Habitat for Humanity (Aging in Place with Habitat for Humanity):** (252) 725-2472; <https://www.habitat.org/our-work/aging-in-place>
- **Legal Aid of NC:** 1-866-219-5262; www.legalaidnc.org
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919)859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM) Ramp assistance:** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, www.alz.org
- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Suicide Hotline, National Hotline:** 1-800-273-8255, 988
- **Trillium Mobile Crisis Line:** 1-877-685-2415, www.trilliumhealthresources.org
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

FOOD ASSISTANCE

- **Food Bank of Central & Eastern North Carolina:** (919) 875-0707
- **Home Delivered and Congregate Meals:** Leon Mann Jr. Enrichment Center, (252) 247-2626
- **Loaves and Fishes of Beaufort:** 1730 Live Oak St, Beaufort, (252) 504-0123
- **Meals on Wheels, Hope Mission:** (252) 240-2359, ext. 4
- **Martha's Mission Cupboard:** 901 Bay Street, Morehead City
- **Salvation Army of Morehead:** 2800 Bridges St., Morehead City, (252) 726-7147
- **SNAP Assistance:** Carteret County Department of Social Services, (252) 728-3181
- **Storehouse Food Pantry:** 3114 Bridges St, Morehead City, (252) 725-5539

Relocation Assistance

- **Smooth Transitions (Move Management Household Downsizing Estate Dispersal)-** (252) 497-7792

TRANSPORTATION

- **CCATS Transportation:** (252) 240-1043
- **Friendly Medical Transportation:** (252) 808-3400

NC LICENSED HOME CARE AGENCIES: <https://info.ncdhhs.gov/dhsr/data/hclist.pdf>

- **Carteret Healthcare Home Health & Hospice:** (252) 449-6081
- **Liberty Home Care:** (252) 247-4748
- **Maxim Healthcare Services, Inc.:** (252) 726-8746
- **Center Well Home Health:** (252)726-9300
- **Access Community – Based Services:** (252)247-6911
- **East Carolina Home Care:** (252)321-5510
- **Carolina Home Medical, Inc:** (252)222-0038
- **Home Helpers of the Crystal Coast:** (252)622-4690
- **Community Home Care and Hospice:** (252)240-1142
- **SECU Crystal Coast Hospice House:** (252)777-4419
- **Liberty Home Care and Hospice:** (252)247-0644
- **Cardinal Hospice Care:** (910)989-2682

NC LICENSED FAMILY CARE HOME, <https://info.ncdhhs.gov/dhsr/data/fchlist.pdf?ver=2.0>

- **Anchor Landing:** 111 Graham Lane, Beaufort NC; (252) 838-1574
- **Sea Coast Family Care:** 107 Graham Lane, Beaufort NC; (252) 838-9204

NC LICENSED ADULT CARE HOMES (ASSISTED LIVING UNITS); <https://info.ncdhhs.gov/dhsr/data/ahlist.pdf?ver=1.9>

- **Brookdale Morehead City:** 107 Bryan Street, Morehead City NC; (252) 726-4454
- **Carteret House:** 3020 Market Street, Newport NC; 252-223-2600
- **Carteret Landing:** 221 Friendly Rd, Morehead City NC; (252) 773-0980

NC LICENSED SKILLED NURSING FACILITIES; https://info.ncdhhs.gov/dhsr/data/Nhlist_co.pdf?ver=1.5

- **Croatan Ridge Nursing & Rehabilitation Center:** 210 Foxhall Road, Newport; (252) 233-2560
- **Crystal Bluffs Rehabilitation & Health Care Center:** 4010 Bridges St. Ext. Morehead City; (252) 726-0031
- **Pruitt Health Crystal Coast:** 2416 US HWY 70 E, Beaufort; (252) 225-0112

DHSR/DHHS licensing information, licensed facility information, and survey results available at:

www.ncdhhs.gov

Nursing Home Care-compare

<https://www.medicare.gov/care-compare/?providerType=NursingHome&redirect=true>

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