



CRAVEN COUNTY

Older Adult and Caregiver Resource Sheet

Coastal Community Action, Inc.: (252) 223-1630; www.coastalca.org

- Address: 303 McQueen Ave, Newport NC
- Services: Senior Companion Programs retired and senior volunteer programs, HUD Section 8 Rental assistance, and weatherization assistance.

Craven County Department of Social Services: (252) 636-4900; www.cravencountync.gov

- Address: 2818 Neuse Blvd, New Bern, NC 28561
- Services: Medicaid, SNAP Food Program, Adult Protective Services, Energy Assistance Program, In-Home Aide Service Assistance Program, Ramp assistance, and Special Needs Registry.

Eastern Carolina Council Area Agency on Aging: (252) 638-3185; www.eccog.org

- Address: 233 Middle Street, 3rd Floor, New Bern NC
- Services: Caregiver respite assistance program, medical equipment/technology program, caregiver one-on-one options counseling, Long Term Care Ombudsmen program, education, information, Project Lifesaver enrollment (New Bern residents only), and referral programs.

George Street Senior Center: (252) 638-1790; www.ccseniorservices.weebly.com

- Address: 811 George St, New Bern NC
- Services: Home Delivered Meals, Support Groups, Congregate Meal Site, Evidence Based Programs, Caregiver Memory Café Support Group, Sunshine Center (provides temporary relief to caregivers who are caring for loved ones with Alzheimer's disease and related conditions), fitness classes, and groups.

Havelock Senior Center: (252) 444-6433; www.havelocknc.us/departments/parks-recreation/senior-center/

- Address: 103 Trader Ave, Havelock, NC 28532
- Services: Caregiver resources and information assistance, Congregate Meal Site, activities, fitness, Evidence Based Programs, informational lending library, and classes.

PROJECT LIFESAVER

New Bern- Eastern Carolina Council Area Agency on Aging: (252) 638-3185; www.eccog.org

- Project Lifesaver is the search and rescue program managed by Eastern Carolina Council Area Agency on Aging, the New Bern Police Department, and New Bern Fire Department. Project Lifesaver is strategically designed for "at risk" individuals who are prone to the life-threatening behavior of wandering. Services are available to New Bern residents only (excluding River Bend and Trent Woods.) For further information please contact January Brown at 252-638-3185, ext. 3011 or jbrown@eccog.org.

CAREGIVER SUPPORT GROUPS

- **1st Monday of the month at 4:00 pm, Memory Care Café;** George Street Senior Center, 811 George St, New Bern
- **1st Wednesday of the month at 1:00 pm, Caregiver Dementia Support Group meeting,** Home Place of New Bern, 1309 McCarthy Blvd, New Bern.

- **1st Saturday of the month at 10 am-11:30 am, Brain Injury Support Group;** Homeplace of New Bern, 1309 McCarthy Blvd, New Bern
- **2nd Tuesday of the month at 11:00, Caregiver Dementia Support Group meeting,** 755 McCarthy Blvd, New Bern
- **2nd Wednesday of the month at 9:30 am, Grief Support Group-** George Street Senior Center, 811 George St, New Bern
- **3rd Thursday of the month at 10:00 am, P.E.R.C (support group for individuals diagnosed with early stages of Dementia);** 811 George St, New Bern
- **4th Wednesday of the month at 1:00 pm, Parkinson's Support Group;** Homeplace of New Bern, 1309 McCarthy Blvd, New Bern
- **2nd Wednesday of the month at 9:30 am, Grief Support Group-** George Street Senior Center, 811 George St, New Bern
- **2nd Thursday of the month at 5:00 pm, Caregiver Support Group –** Havelock Senior Center, 103 Trader Ave, Havelock

RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Craven County Health Department:** (252) 636-4920
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; www.dementianc.org
- **Habitat for Humanity (Aging in Place with Habitat for Humanity):** 252-633-9599; <https://www.habitat.org/our-work/aging-in-place>
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aide of NC:** 1-877-579-7592
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919) 859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM, ramp assistance):** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov, **New Bern Office:** 252-636-6611

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, www.alz.org
- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Suicide Hotline, National Hotline:** 1-800-273-8255, 988
- **Trillium Mobile Crisis Line:** 1-877-685-2415, www.trilliumhealthresources.org
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

FOOD ASSISTANCE

- **Home Delivered & Congregate Meal Program:** George Street Senior Center (New Bern)- (252) 638-1790
- **Congregate Meals (Havelock):** Havelock Senior Center, (252) 444-6433
- **Food Bank of Eastern Carolina:** 252-514-2006
- **Religious Community Services of New Bern, food pantry:** 919 George Street, New Bern,

(252) 633-2767, ext. 100

- **Salvation Army of Craven and Pamlico County:** 1402 Rhem Ave, New Bern, (252) 637-2277
- **SNAP Assistance:** Craven County Department of Social Services, (252) 636-4900
- **Word of God Christian Center:** 3650 Neuse Blvd, New Bern

Relocation Assistance

- **Smooth Transitions (Move Management Household Downsizing Estate Dispersal)-** (252) 497-7792
- **United Realty (Senior Certified Real Estate Assistance)-** (252) 497-8157

Transportation

- **CARTS Transportation:** (252) 636-4917; www.cravencountync.gov
- **Friendly Medical Transport LLC (wheelchair & stretcher):** (252) 634-3403

NC LICENSED HOME CARE AGENCIES: <https://info.ncdhhs.gov/dhsr/data/hclist.pdf>

- **Cardinal Hospice:** (910) 989-2682
- **A Caring Hand, Inc:** (984) 849-4600
- **Accommodating Home Care Service, Inc:** (252) 635-9005
- **Priority 1st Healthcare Staffing:** (252) 229-2986
- **Bountiful Life, LLC:** (919) 264-7517
- **Assisting At Home, LLC:** (252) 633-6440
- **Gentiva:** (252)672-8301
- **Continuum Home Care of New Bern:** (910) 989-2682
- **Craven County Hospice:** (252) 636-4930
- **East Carolina Home Care:** (252) 814-6289
- **Family First Personal Care:** (240) 427-7352
- **Gentiva:** (252) 672-8301
- **Home Instead:** (919) 676-2273
- **Home Life Care, Inc.:** (252) 672-8700
- **Independent Living Home Care Agency, LLC:** (252) 229-1129
- **Lincare Inc.:** (252) 634-3355
- **Living with Guidance:** (252) 626-5322
- **Magnolia Bridge Home and Health:** (252) 665-8819
- **Our House:** (252) 634-2211
- **Pruitt Health @ Home:** (252) 514-6016
- **Reflections Home Care, Inc.:** (252) 637-4600
- **Seniors Choosing to Live at Home Management Service LLC:** (252) 633-2514
- **United Home Care:** (252) 332-3042
- **Wilson's Home Care Agency, Inc.:** (252) 244-3595

NC LICENSED ADULT CARE HOMES (ASSISTED LIVING UNITS) <https://info.ncdhhs.gov/dhsr/data/ahlist.pdf?ver=1.9>

- **Croatan Village:** 4522 Old Cherry Point Rd, New Bern; (252) 634-9066
- **Homeplace of New Bern:** 1309 McCarthy Blvd., New Bern; (252) 637-7133
- **Riverstone:** 104 Efirld Blvd, New Bern; (252)633-3455
- **Truewood by Merrill, New Bern:** 2701 Amhurst Blvd.; (252) 297-1758
- **The Gardens of Trent:** 2915 Brunswick Ave; (252) 638-4680
- **Navion of New Bern:** 1336 S Glenburnie Rd, New Bern; (919) 371-4233
- **The Viridian:** 3003 Waterscape Way, New Bern; (252) 631-9685
- **Golden Heights Assisted Living:** 603 West St, New Bern; (252)571-3065

NC LICENSED LONG-TERM CARE, SKILLED NURSING FACILITIES; https://info.ncdhhs.gov/dhsr/data/Nhlist_co.pdf?ver=1.5

- **Bayview Nursing & Rehabilitation Center:** 3003 Kensington Park Dr., New Bern; (252) 631-5501
- **Cherry Point Bay Nursing & Rehabilitation Center:** 110 McCotter Blvd., Havelock; (252) 444-4631
- **Pruitt Health-Neuse:** 1303 Health Dr., New Bern; (252) 634-3852
- **Pruitt Health-Trent:** 836 Hospital Dr., New Bern; (252) 638-6001
- **Riverpoint Crest Nursing & Rehabilitation Center:** 2600 Old Cherry Point Rd., New Bern; (252) 637-4730

DHSR/DHHS licensing information, licensed facility information, and survey results available at:

www.ncdhhs.gov

Nursing Home Care-compare

<https://www.medicare.gov/care-compare/?providerType=NursingHome&redirect=true>

Visit us at:

www.eccog.org



Eastern Carolina Council



Eastern Carolina Council of Governments

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