Safety and Security:

Technology can enhance and increase older adults' safety at home & on the go; therefore, maintaining their independence. Technologies such as fall detection systems, smart phones with GPS tracking apps, medical alert systems, medication reminders, mobility assisting devices, smart home devices, video monitoring, automatic lighting with sensor detection, remote/keyless locks for doors/mailboxes, and home security systems are just a few of the devices available.

Home modifications to accommodate age related physical needs can increase safety and support daily activities as well. When assessing your safety inside/outside the home consider needs and accessibility requirements.

See Age Friendly Homes Links

For Further Information & Resources Contact

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