



Onslow County

Older Adult and Caregiver Resource Sheet

Eastern Carolina Council Area Agency on Aging: (252) 638-3185, www.eccog.org

- **Address:** 233 Middle Street, 3rd Floor, New Bern NC
- **Services:** Long-Term Care Ombudsmen program, education, information, volunteer opportunities, and referral programs.

Onslow County Department of Social Services: (910) 455-4145; <http://www.onslowcountync.gov/DSS/>

- **Address:** 1612 College St, Jacksonville NC
- **Services:** Adult Protective Services, At Risk Case Management (housing, food, health services), Representative Payee, Adult Care Home Monitoring, Enhanced Personal Care (facilities), Guardianship, Adult Care Home Placement, Elderly and Disabled Transportation Assistance Program (EDTAP), Housing and Home Improvement, Special Assistance In-Home, Services for the Blind.

Onslow County Senior Services: (910) 455-2747; <http://www.onslowcountync.gov/Seniors/>

- **Services:** Home Delivered Meals, Home Health Care, In Home Aide Services, Legal Assistance, Meals / Nutrition, Medicare Part D Counseling, respite services, support groups, transportation, fitness classes, and volunteer opportunities.

Carolina Senior Care – New Bern (serving Portions of Onslow): (252) 597-9008; <https://carolinaseniorcare.org>

- **Address:** 3681 Neuse Blvd., New Bern, NC
- **Services:** Primary medical care, Nursing care, Physical, occupational and speech rehabilitation therapy, Prescription drugs and durable medical equipment, Preventative services and education, Laboratory services and diagnostic testing, Ambulance services, Nursing home care as needed, Recreational activities, Social services, Nutritional counseling and meals, Transportation, Caregiver respite, Home health care and personal care, End-of-life care, Day Center, and In Home Services.

Project Lifesaver

Onslow County Sheriff's Office- 910-455-3113

- The Onslow County Sheriff's Office has implemented a program to help locate at-risk individuals who are prone to wandering on foot through the National Project Lifesaver Program. The program is utilized for individuals with autism and Alzheimer's. For eligibility and programming information contact the Onslow County Sheriff's office.

CAREGIVER SUPPORT GROUP

- **2nd Tuesday at 2:00 pm:** Caregiver Support Group, Senior Services in the Onslow County Multipurpose Complex, 4024 Richlands HWY, Jacksonville (adult Day care is available at no charge.)
- **Every Tuesday at 9:00 am:** Diabetic Support Group, call Cynthia Peck at 910-353-4738 for further information
- **2nd Tuesday of each month at 2:00 pm:** Parkinson's Support Group, for more information call 910-577-6660

RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; www.dementianc.org
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247

- **Legal Aid of NC:** 1-866-219-5262; www.legalaidnc.org
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919)859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM):** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Onslow County Health Department:** (910) 347-2154
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Association: Caregivers help line:** 1-800-272-3900, www.alz.org
- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Suicide Hotline, National Hotline:** 1-800-273-8255, 988
- **Trillium Mobile Crisis Line:** 1-877-685-2415, www.trilliumhealthresources.org
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

HOUSING INFORMATION

- **North Carolina Housing Search:** 1-877-428-8844, <https://nchousingsearch.com/>

FOOD ASSISTANCE

- **Food Bank of Central & Eastern North Carolina:** (919) 875-0707
- **Home Delivered & Congregate Meals Program,** Onslow County Senior Services, (910) 455-2747
- **Lutheran Church of Our Savior:** 115 Lejeune Blvd, Jacksonville
- **SNAP Assistance:** Onslow County Department of Social Services, (910) 455-4145

TRANSPORTATION

- **Friendly Medical Transport:** (910) 577-0080
- **Medaccess Transportation:** (910) 238-4914
- **Onslow United Transit System:** (910) 346-2998

NC LICENSED HOME CARE: <https://info.ncdhhs.gov/dhsr/data/hclist.pdf>

- **A Primary Choice, Inc:** (910) 865-3500
- **Access Community-Based Services:** (910) 346-2311
- **Cardinal Hospice Care:** (910) 989-2682
- **Changing Lives:** (910) 939-4663
- **Gentiva:** (910) 326-1037
- **Liberty Home Care:** (910) 346-4800
- **Onslow Senior Services:** (910) 455-2747
- **Sweet Waters Homecare, LLC:** (910) 939-2219

- **United Home Care, Inc.:** (910) 238-2274
- **Lower Cape Fear Lifecare:** (910) 577-6660
- **Jayds Home Care, LLC:** (910) 238-4014
- **Visiting Angels:** (910) 420-9016
- **FirstLight Home Care of Jacksonville:** (910) 939-0695
- **Family Medical Supply LLC:** (910) 455-2050
- **Hand and Hand Home Care Agency, LLC:** (910) 915-7435
- **Hydrate From Within, PLLC:** (704) 401-7139
- **Healing Touch Home Care Agency, LLC of Jacksonville, NC:** (315) 391-3300
- **Rapture Ready Home Care:** (910) 554-6330
- **Hands That Help, LLC:** (910) 650-2493
- **Carolina Home Medical, Inc:** (910) 346-1546
- **Avid Health at Home NC:** (516) 458-6769
- **Arosa:** (252) 764-9574
- **Thrive Skilled Pediatric Care:** (910) 548-7878
- **Happier at Home:** (910) 836-1760
- **Seniors Choosing to Live at Home:** (910) 229-7806
- **Well Care Home Health of Onslow:** (910) 622-5491
- **Liberty Home Care and Hospice:** (910) 937-0014

FOOD ASSISTANCE

- **Coastal Carolina Community College Food Pantry:** 444 Western Blvd, Jacksonville
- **Food Bank of Central & Eastern North Carolina:** (919) 875-0707
- **Home Delivered & Congregate Meals Program:** Onslow County Senior Services, (910) 455-2747
- **Lutheran Church of Our Savior:** 1115 Lejeune Blvd, Jacksonville
- **SNAP Assistance:** Onslow County Department of Social Services, 910-455-4145

TRANSPORTATION

- **Friendly Medical Transport:** (910) 577-0080
- **Medaccess Transportation:** (910) 238-4914
- **Onslow United Transit System:** (910) 346-2998

NC LICENSED FAMILY CARE HOMES: <https://info.ncdhhs.gov/dhsr/data/fchlist.pdf?ver=2.0>

- **Pearl's Family Care #2:** (910) 347-8821
- **Pearl's Family Care #3:** (910) 347-8821
- **The Cottages of Swansboro, Cottage I:** (910) 325-1244
- **The Cottages of Swansboro, Cottage II:** (910) 325-1244
- **The Cottages of Swansboro, Cottage III:** (910) 325-1244
- **The Cottages of Swansboro, Cottage V** (910) 325-1244
- **The Cottages of Swansboro, Cottage VI:** (910) 325-1244

NC LICENSED ADULT CARE HOMES (ASSISTED LIVING UNITS): <https://info.ncdhhs.gov/dhsr/data/ahlist.pdf?ver=1.9>

- **Kempton of Jacksonville (Dementia unit):** 3045 Henderson Drive Extension, Jacksonville NC; (910) 355-1996
- **Lighthouse Village:** 182 Village Drive, Jacksonville NC; (910) 353-7111
- **Onslow House:** 34 McDaniel Drive, Jacksonville NC; (910) 347-1300
- **The Heritage of Richlands:** 148 Cox Ave, Richlands NC; (910) 324-1121
- **The Landings of Swansboro:** 280 Swansboro Loop Rd, Swansboro; (910) 421-0140

- **Cardinal Care of Jacksonville:** (910) 892-1711

NC LICENSED LONG-TERM CARE, SKILLED NURSING FACILITIES: https://info.ncdhhs.gov/dhsr/data/Nhlist_co.pdf?ver=1.5

- **Carolina Rivers:** 1839 Onslow Drive Ext., Jacksonville NC; (910) 915-6556
- **Premier Nursing:** 225 White Street, Jacksonville NC; (910) 353-7222

Long-Term Care Ombudsman Program: 252-638-3185

DHSR/DHHS licensing information, licensed facility information, and survey results available at:
www.ncdhhs.gov

Nursing Home Care Comparison
<https://www.medicare.gov/care-compare/?providerType=NursingHome&redirect=true>

Visit us at: www.eccog.org

