

CARTERET COUNTY

Older Adult and Caregiver Resource Sheet

Coastal Community Action, Inc.: (252) 223-1630; www.coastalca.org

- Address: 303 McQueen Ave, Newport NC
- Services: Senior Companion Program retired and senior volunteer programs, Foster Grandparent Program, HUD Section 8 Rental assistance, weatherization assistance, and heating and air repair/replacement.

Leon Mann Jr. Enrichment Center: (252) 247-2626; <https://www.carteretcountync.gov/168/Senior-Services>

- Address: 3820 Galantis Dr., Morehead City NC
- Services: Congregate Meal Site, Family Caregiver Support Supplemental Services, Home Delivered Meals, activities, fitness, health and Wellness, SHIP/Medicare counseling, volunteer opportunities, transportation assistance program, general resources, support groups, and classes.

Carteret County Department of Social Services: (252) 728-3181; <https://www.carteretcountync.gov/144/Social-Services>

- Address: 210 Craven St, Beaufort, NC
- Services: Medicaid, Adult Protective Services, Special Assistance Programs, Food Stamp Eligibility, Work First Program, Low Income Energy Program, In Home Aide Services, Legal Assistance, and Subsidized Housing.

Eastern Carolina Council Area Agency on Aging: (252) 638-3185

- Address: 233 Middle Street, 3rd Floor, New Bern NC
- Services: Long Term Care Ombudsmen program, education, information, volunteer opportunities, and referral programs.

Carolina Senior Care – New Bern (serving Portions of Carteret): (252) 597-9008; <https://carolinaseniorcare.org>

- Address: 3681 Neuse Blvd., New Bern, NC
- Services: Primary medical care, Nursing care, Physical, occupational and speech rehabilitation therapy, Prescription drugs and durable medical equipment, Preventative services and education, Laboratory services and diagnostic testing, Ambulance services, Nursing home care as needed, Recreational activities, Social services, Nutritional counseling and meals, Transportation, Caregiver respite, Home health care and personal care, End-of-life care, Day Center, and In Home Services.

PROJECT LIFESAVER

- **Carteret County Sheriff's Office;** (252) 728-8400, <https://www.carteretcountync.gov/899/Project-Lifesaver> Project Lifesaver is the search and rescue program managed by the Carteret County Sheriff's Office. Project Lifesaver is strategically designed for "at risk" individuals who are prone to the life-threatening behavior of wandering. For further information contact the Carteret County Sheriff's Office.

CAREGIVER SUPPORT GROUP

- **Thursdays at 1:00 pm.-Caregiver Support Group;** Zoom, 301-715-8592; Meeting ID: 919 4723 9673; Passcode: 219062 or <https://zoom.us/j/91947239673?pwd=ZTN6Rit2THlrZnJHUzRDNSVkdLUT09>.
- **2nd Thursday at 6:30 pm.-Carteret County Brain Injury Support Group;** St. Peter's United Methodist Church, 111 Hodges St, Morehead City.

- **4th Thursday of the month-Caregiver Support Group;** First Presbyterian Church, 1604 Arendell St, Morehead. Contact Linda Langheld at 908-804-0915.
- **1st and 3rd Wednesday of the month – Caregiver Support Group;** 5113 Hwy 70, Morehead City; Contact Jenifer Standish at (252)499-0477 or jennifer@seniorschoosingtoliveathome.com

RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Carteret County Health Department:** (252) 728-8550
- **Dementia Alliance of North Carolina: *Caregiver assistance line*:** 1-800-228-8738; www.dementianc.org
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Habitat for Humanity (Aging in Place with Habitat for Humanity):** (252) 725-2472; <https://www.habitat.org/our-work/aging-in-place>
- **Legal Aid of NC:** 1-866-219-5262; www.legalaidnc.org
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919)859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM) Ramp assistance:** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Association: Caregivers help line:** 1-800-272-3900, www.alz.org
- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Suicide Hotline, National Hotline:** 1-800-273-8255, 988
- **Trillium Mobile Crisis Line:** 1-877-685-2415, www.trilliumhealthresources.org
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

HOUSING INFORMATION

- **North Carolina Housing Search:** 1-877-428-8844, <https://nchousingsearch.com/>

FOOD ASSISTANCE

- **Food Secure Carteret,** https://docs.google.com/spreadsheets/d/156-b-G5NzrbPiSTQ_2Xh7QLEZ6Y7-JJyccSs3_sXOWQ/edit?usp=sharing
- **Food Bank of Central & Eastern North Carolina:** (919) 875-0707
- **Home Delivered and Congregate Meals:** Leon Mann Jr. Enrichment Center, (252) 247-2626
- **Loaves and Fishes of Beaufort:** 1730 Live Oak St, Beaufort, (252) 504-0123
- **Hope Mission:** (252) 240-2359
- **Martha's Mission Cupboard:** 901 Bay Street, Morehead City

- **Salvation Army of Morehead:** 2800 Bridges St., Morehead City, (252) 726-7147
- **SNAP Assistance:** Carteret County Department of Social Services, (252) 728-3181

Relocation Assistance

- **Smooth Transitions (Move Management Household Downsizing Estate Dispersal)-** (252) 497-7792

TRANSPORTATION

- **CCATS Transportation:** (252) 240-1043
- **Friendly Medical Transportation:** (252) 808-3400
- **StellarMed Mobile Transport:** (910)968-0040

NC LICENSED HOME CARE AGENCIES: <https://info.ncdhhs.gov/dhsr/data/hclist.pdf?ver=1.5>

- **Access Community – Based Services:** (252)247-6911
- **Cardinal Hospice Care:** (910)989-2682
- **Carteret Healthcare Home Health & Hospice:** (252) 449-6081
- **CenterWell Home Health:** (252)726-9300
- **Community Home Care and Hospice:** (704)664-2876
- **East Carolina Home Care:** (252)240-1234
- **Home Helpers of the Crystal Coast:** (252)622-4690
- **Katys Home Health Care:** (252)606-4370
- **Liberty Home Care:** (252) 247-4748
- **SECU Crystal Coast Hospice House:** (252)777-4419
- **Seniors Choosing to Live at Home:** (252)499-0477
- **United Home Care, Inc:** (252)332-3042

NC LICENSED FAMILY CARE HOME, <https://info.ncdhhs.gov/dhsr/data/fchlist.pdf>

- **Sea Coast Family Care:** 107 Graham Lane, Beaufort NC; (252) 838-9204

NC LICENSED ADULT CARE HOMES (ASSISTED LIVING): <https://info.ncdhhs.gov/dhsr/data/ahlist.pdf?ver=2.8>

- **Brookdale Morehead City:** 107 Bryan Street, Morehead City NC; (252) 726-4454
- **Carteret House:** 3020 Market Street, Newport NC; 252-223-2600
- **Carteret Landing:** 221 Friendly Rd, Morehead City NC; (252) 773-0980

NC LICENSED SKILLED NURSING FACILITIES: https://info.ncdhhs.gov/dhsr/data/nhlist_co.pdf?ver=2.3

- **Croatan Ridge Nursing & Rehabilitation Center:** 210 Foxhall Road, Newport; (252) 233-2560
- **Crystal Bluffs Rehabilitation & Health Care Center:** 4010 Bridges St. Ext. Morehead City; (252) 726-0031
- **Embassy at Morehead City:** 3822 Galantis Dr, Morehead City; (252)515-7700
- **Pruitt Health Crystal Coast:** 2416 US HWY 70 E, Beaufort; (252) 225-0112

Long-Term Care Ombudsman Program: 252-638-3185

DHSR/DHHS licensing information, licensed facility information, and survey results available at:
www.ncdhhs.gov

Nursing Home Care Comparison
<https://www.medicare.gov/care-compare/?providerType=NursingHome&redirect=true>

Visit us at: www.eccog.org



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